



We encourage community members who may need or want some grief counseling at this time to reach out for assistance.

The **Washington State Mental Health Crisis Line** serving eastern Washington is 888 544-9986 (24/7/365).

This service is entirely FREE.

The 24/7 hotline for Pullman-based **Palouse River Counseling** is 509 334-1133. Use of the hotline is FREE of charge. Counseling appointments, however, will require use of medical insurance or direct payment.